

# Keys to Winning

## 1. **SPECIAL TEAMS**

- a. Flip the field x 3 – make opposing team drive 75+ yards / set up offense inside 40 yards
- b. Score/ Set up the score
- c. Turnover and penalty free
- d. 35 yard net average punt
- e. 10 yards punt return average
- f. Ball out to the 25+ yard line on KOR
- g. Opponent average start inside 25- on KO
- h. 100% PAT's and FG's inside 25
- i. GET A BLOCK!

## 2. **DEFENSE**

- a. 17 points per game
- b. 30% 3<sup>rd</sup> down
- c. 3 Takeaways per game
- d. 1 in 5 QB pressures
- e. Score/ Set up the score
- f. Limit run over 15/ Pass over 25 (based on the offense we are playing)
- g. 3 and out 30% of drives
- h. Camera Club (7 per play)

## 3. **OFFENSE**

- a. 28 points per game
- b. 75% touchdown rate in the red zone
- c. 8 explosive plays (15+ yards)
- d. 20 first downs
- e. 90% Rule – 90% of our plays must gain positive yards
- f. 100% ball security
- g. Delete the D-Line – The DL cannot make plays within 3 yards of the LOS more than 10%
- h. 40% 3<sup>rd</sup> down

*\*These keys will revisited and revised based on the specific program/team\**