

Student-Athlete Expectations

1. ***Buy in*** – The team. The team. The team. No player or coach is above the team or program. Who WE are and what WE do will determine the success of the team. Each player will be encouraged to be their most authentic self within the framework of the team. Not every person will like every decision that is made. However, every individual must trust that all decisions being made are in the best interest of the team and program. If we all have a one direction mindset, we will be successful.
2. ***Live our Culture*** – There is no time where we do not represent the team, program, and institution. Whether walking across campus, attending class, or drilling at practice, everything we do reflects our standards. We will always uphold our culture and standards. This especially includes our High Character attributes.
3. ***Do Your Job*** – Not everyone gets to be the starting quarterback. Each player must embrace the job they've been given and execute that job to the best of their ability. Whether they are the sniffer in our goal line set or representing the opponents all conference nose guard on scout team, every job is important and necessary for the success of the team.
4. ***Control the Controllable*** – Show up on time, give an All-American effort, and know your role. On the field or on campus, each student-athlete must adhere to those three “controllables”. Take responsibility and act on all aspects of your life. None of those attributes take any degree of talent, skill, or intelligence. They are about prioritizing, concentration, and attitude.
5. ***Extreme Ownership*** – You are responsible for you! As a person transitioning from adolescence to adulthood, you must understand and embrace the fact that you are the sole responsible party for yourself. Your grades, effort, actions, physical and mental health, etc. You are never alone in your development. As coaches we will always be here to help you find the resources, but you are ultimately responsible for the end result. This is exciting though! You get to define who you are and who you will become by your attitude, effort, and actions.
6. ***Football Player or Guy Who Plays Football?*** – We want football players. Being a football player is an all the time thing. Be early. Be at every team lift. Attend team activities. Watch film. A guy who plays football skates by doing the bare minimum and likes to wear a jersey on Saturday. Just like the previous expectation, this takes zero talent. It is about commitment and dedication. Choose to be a part of something. Choose to be great!