

# Special Teams Philosophy

The kicking game often decides the football game. Whether it be through the field position battle or producing big plays, special teams always shows up in a game. Special teams allow us to get our best players with the ball in their hands. Unlike offense and defense, special teams are a one play highlight. We don't get multiple chances at it. We will emphasize special teams every single practice and during all meeting times. How we control the kicking game will set us apart from our opponents. The main components of special teams are:

1. *Score*
2. *Prevent the Score*
3. *Create Field Position in Our Favor*

## **SOUNDNESS**

1. *Schematically* – we will know and execute our assignments at an extremely high level with great efficiency and effort
2. *Technically* – we will perfect our craft and execute our assignments with perfect fundamentals and technique
3. *Pre-Snap All-American* – we will always align correctly with the correct substitutions on the field. We will know who is behind us and in front of us on the depth chart.

## **EFFORT**

1. *Dominate* – We will take pride in our ability to dominate special teams. It doesn't matter if you're the #1 RB or #3 Safety, you will have to battle and earn the right to be on special teams.
2. *Protect the Football* – Whether we are on the receiving end, or kicking end, the football must be coveted like nothing else in life.
3. *Watch Film* – Understanding our opponent and finding little things in their assignments will allow us to create big plays on special teams
4. *Be Great* – We will win because of preparation and flawless execution

## **FIELD POSITION**

1. *Win the field position battle*
2. *Big returns for us*
3. *Small returns for them*